

OPEN GYM - 2009

THE GYMNASTICS ZONE, Inc.

820 Anita Ave.
Antioch, IL 60002
(847) 838-4775

Participant's Name: _____
(Last Name) (First Name)

Previous experience: ___ Yrs

Address: _____

Date of Birth: _____ Age: _____

City _____ State _____ Zip Code _____

Sex: Male ___ Female ___

Father's Name _____ Mother's Name: _____

Home Phone # _____ Cell Phone/ Pager # _____

Emergency Contact's Phone # _____ Emergency Contact: _____

Health Restrictions: _____

Parent Permission & Release Form

I do hereby give my permission for my Daughter/Son to participate in the Gymnastics activities during the Open Gym at The Gymnastics Zone, Inc.

Nonetheless, I _____ as a parent of _____ do hereby release, discharge and covenant to hold harmless The Gymnastics Zone, Inc., or any person or entity associated with The Gymnastics Zone, Inc. From responsibility or liability from any and all: claims, demands, damages, cost, expenses, loss of services, actions and arising out of any act or occurrence up to the present time and particularly on account of all personal injury, disability, property damages of any kind sustained or that may hereafter be sustained by the said minor or by the undersigned in consequence of any accident which may occur arising out of participation in gymnastics at The Gymnastics Zone, Inc. during the Open Gym.

Signed on this _____ (Day) of _____, 2009

Parent Signature _____

Appropriate Attire: T-shirt and shorts, unitard, leotard with biker shorts. No tights, no shoes, no socks, or jewelry. Long hair needs to be pulled back in a ponytail.